

GROUP ANALYSIS SOUTH WEST Work Reflection Group



Group Analysis South West is planning a work reflection group to be run in termly blocks of one and a half hour sessions on a fortnightly basis.

The group will offer a safe and confidential setting to present and reflect on the psychological aspects of the work we undertake. There will be an opportunity to reflect on our practice and to learn from the work of others, as well as to think about how the work impacts personally. There will be a chance to share understanding and to learn from differing perspectives. In this way, participants can develop and deepen the capacity to foster and maintain relationships with other work colleagues as well as with clients.

The group will offer an opportunity to reflect using ideas drawn from group analytic psychotherapy and attachment theory perspectives.

Who is it for?

The group will be useful for those with some experience and /or understanding of psychodynamic theory and practice. It will be of benefit for those who would like to discuss their work in a supportive environment and who are working therapeutically with clients privately and/or in an organisational setting such as education, health or social care (either community or residential), the voluntary sector.

Facilitator Suzi Sparham, Group Analyst

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Practical details:

The group size maximum 8 participants

Group will be held on:
Wednesday evenings from 4 – 5.30 p.m.
at
GASW
12 Sydenham Road, Cotham, Bristol BS6 5SH
(Parking is usually available - cost £1)

Group dates:

14th and 28th September
12th and 26th October
9th and 23rd November
7th December

Fee: £100 for 7 sessions

For further information please contact the group conductor at

susansparham@googlemail.com

CPD Certificates will be available on request for attendance of the group.